

RECESSION PREPAREDNESS

checklist

- 1 Review your budget or [create a budget](#)
- 2 Get rid of ALL unnecessary spending
- 3 Stop putting extra money towards debt
- 4 Build up your savings account
- 5 Ride out your investments
- 6 Earn extra money ([51 ideas here](#))
- 7 [Refinance loans](#) for lower interest rates
- 8 Earn cash back with [Rakuten](#) & [Ibotta](#)
- 9 Decrease fixed expenses ([9 ideas here](#))